



# BE ALIVE IN '25



**May 23 – 25, 2025 – Milwaukee, WI**

**Will your InterGroup/Meeting donate a basket to help carry the message?**

## BASKET RAFFLE (fundraiser for OA Region 5)

**1. Pick a Theme – Bee Creative!!!**



Please stay within our 12 Step Tradition guidelines.

2. Ask members to donate cash and/or items to help Carry the Message. Go shopping!

3. Assemble the items in a basket – make it look nice. 😊  
Complete a written description including a monetary estimated value.

4. Bring it to the convention on Friday, May 23 or before 9 am on Saturday morning, May 24

Questions? Contact Lisa E 414/218-3795 or Nancy R 414/534-5878 (text/voice)

**5. Suggested Themes:**

- ❖ Relaxation/Self-Care
- ❖ Step 11 Prayer and Meditation
- ❖ Literature (OA/approved AA)
- ❖ Tools of Writing (journals, pens, OA Workbooks)
- ❖ Movement/Exercise
- ❖ Sober Eating Tools (scale, measuring, food journal, glycemic index)
- ❖ Food Prep and Storage Supplies
- ❖ Art Supplies
- ❖ Gift Cards
- ❖ Entertainment
- ❖ Your Creative Ideas Here!



Hosted by the Milwaukee Area Intergroup of Overeaters Anonymous

Sponsored by

**OVEREATERS ANONYMOUS**

**REGION 5**

Serving areas in IL, IN, IA, KY, MI, MN, MO, ND, OH, WI