



**Do you  
have a  
problem  
with  
food?**



## Newcomers Workshop:

The Disease of Compulsive  
Eating and the Promise of  
Recovery

Virtual Workshop

Saturday, Oct. 5, 2024 10:00 am – Noon CDT

Join Zoom Meeting

Meeting ID: 850 9549 6827

Passcode: 1212

Join by Phone 312/626-6799

Meeting ID: 850 9549 6827#

Passcode: 1212

<https://us02web.zoom.us/j/85095496827?pwd=Nm1QVm5MZ3BFUUIONjZrSTRkdldJQT09>

## **Two speakers share their experience, strength and hope**

Are you a newcomer to OA? If you've been a member for two years or less, or consider yourself a newcomer, then this workshop is for you. Learn more about OA's program of recovery from eating disorders. Get questions answered. Meet other members — including other newcomers.

Everyone is welcome: Members, New Members, Non-members. Questions will be answered. This forum will be helpful for individuals wanting to learn about Overeaters Anonymous, as well as for newer members looking for additional support and insights. This Workshop is sponsored by the **Milwaukee Area Intergroup**.



*Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.*