

## OA MAI 2024 IN-PERSON RETREAT Hosted by OA Milwaukee Area Intergroup

St. Iakovos Retreat Center 920 224th Ave., Kansasville, WI 53139 September 20 – 22, 2024 Friday, 6 p.m. – Sunday, 11:30 a.m. CDT

There is a new adventure coming up and I know it will be a good one! ~ Sigurd Olson

Are you packed? What do you need in your suitcase for this adventure? Maybe you are overpacked. What is weighing you down that you can take out of the suitcase? Maybe it depends on what "this adventure" is. It is the 2024 OA MAI Retreat, of course. So come join us at St. Iakovos Retreat Center as we pack our bags for our OA adventures.

Check in: Friday, 4 – 7 p.m. \* Welcome: Friday, 6:00 p.m. \* Check out: Sunday, following end of retreat

Register by Friday, Aug. 20 EXTENDED TO SEPT. 1 (updated Aug. 20, 2024):

- By mail using the form below, make checks payable to OA MAI.
- Online at oamilwaukee.org, under Events, using PayPal.
- By credit card/phone, call 414-259-0640 and ask for the bookkeeper to call you.

Room info: 26 rooms with private bathrooms are available—22 basic & 4 handicapped accessible (you need to bring your own bed linens and towels if you have a bleach allergy)

- Basic rooms include two full-sized beds. (Single or Double occupancy)
- Handicap rooms include one double bed and one twin bed. Options are 1, 2, or 3 occupants for these rooms. If you choose three, you must provide the names of your roommates. (These rooms will go to those needing handicapped accessible rooms first.)
- If two in a room (for either type room), you may provide your roommate's name or allow retreat coordinators to choose one for you.

Meals (three options available only): 5 meals (Friday dinner; Saturday breakfast, lunch, and dinner; Sunday breakfast); 4 meals (Saturday breakfast, lunch, and dinner; and Sunday breakfast); no meals

- Friday dinner (5-6:30 p.m.): Burger bar with regular and gluten-free buns and variety of toppings, salad bar and fresh fruit
- Saturday and Sunday breakfasts (8-9 a.m.): frittata, scrambled eggs, breakfast meat, fresh fruit, gluten free breads
- Saturday lunch (12:30-1:30 p.m.): plain chicken, sweet potato, salad bar, fresh fruit
- Saturday dinner (5-6:30 p.m.): beef tips, baked potato, salad bar, fresh fruit

If bringing your own food, a refrigerator, microwave, and toaster are available. Extra fruit and veggie tray are being requested for everyone. A limited number of rooms can have refrigerators in them, if requested.

Details of what to bring and what is provided will be emailed around Sept. 5. **Scholarships are available**.

For any questions, to request a partial scholarship, or to pay by credit card, call 414-259-0640 or email <a href="mailto:retreat@oamilwaukee.org">retreat@oamilwaukee.org</a>.



RESPONSIBILITY PLEDGE: Always to extend the heart and hand of OA to all who share my compulsion; for this I am responsible.